

FINANCIAL FREEDOM IN 7 WEEKS PLUS

Chapter 1 - Homework

List Values & Goals. In his popular book, *Smart Couples Finish Rich*, David Bach suggests that couples should start the goal-setting process by listing five key values, and then, developing goals and subsequent action steps with completion dates. This process works equally well for individuals. His book makes very good reading, but for now, we ask you to pray and list your top five values. (*Examples might be: security, making a difference, spirituality, fun, health, power, family, independence, growth, adventure, friends and creativity.*)

BASIC VALUES & GOAL SETTING - (Page 1 of 2)

Name: _____

Date: _____

TOP FIVE VALUES

VALUE A

VALUE B

VALUE C

VALUE D

VALUE E

BASIC VALUES & GOAL SETTING - (Page 2 of 2)

Now comes the fun part! List at least five goals you would like to achieve in the next one to five years. It is okay to dream - these are your faith goals. Below, list the goals and set your timetable in years, anywhere from one to five years, (do this for each goal). It is OKAY to have different timetables (dates) for each goal. Married couples do jointly.

GOAL A _____

By (date): _____

GOAL B _____

By (date): _____

GOAL C _____

By (date): _____

GOAL D _____

By (date): _____

GOAL E _____

By (date): _____

Note: Be prepared to share one or two key values & related goals with next week's focus group.

CONGRATULATIONS: You have completed one seventh of the course....way to go!